Second Annual

Know Your Bones Education Day

Presented by: Ontario Osteoporosis Strategy in partnership with Niagara Ina Grafton Gage Village and Sponsorship from Shoppers Drug Mart and the Niagara Chapter of Osteoporosis Canada

March 26, 2014 9 am until 3 pm



Join Us

Address Info: Niagara Ina Grafton Gage Village 413 Linwell Road St Catharines, L2M 7Y2 Building B

This is a free, full day event. Lunch and snacks provided. A donation is appreciated at the door to help offset the cost of the food. Suggest \$5-\$10 Please advise, when registering, if you have special diet requirements



Register by March 15, 2014 Email <u>lcampbell@osteoporosis.ca</u> or phone 1-800-463-6842 ext 2317

Speakers this year:

Dr Nota Klentrou and Dr Wendy Ward from Brock University

Diane Gwartz, Nurse Practitioner from Garden City FHT

Peter French from Shoppers Drug Mart

Melissa Northwood, Clinical Nurse Specialist, Continence Clinic, St Joseph's Hospital;

Lisa Campbell, Osteoporosis Canada....

Sharon Peters Physiotherapist, HDS Health And Rehabilitation

A team of Pharmacists from Shoppers available all day to answer questions.

There will be many organizations and businesses on display throughout the day and time will be given for you to visit each one!





Osteoporosis Canada Ostéoporose Canada

