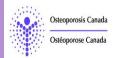
7th Annual Osteoporosis Public Education Forum

Presented by Osteoporosis Canada





Thursday, November 6th, 2014 9:00 am- 3:00 pm (doors open 8:00 am)



Join Us! St. George's Hall

665 King Street N. Waterloo, Ontario

(2 km north of Contestoga Mall on King Street)

A light lunch will be served **Donations gratefully**accepted

Registration is required

e-mail:

kharvey@osteoporosis.ca or *Call Toll Free*: 1-800-463-6842 ext. 2350

OSTEOPOROSIS, Now What...?



- Dr. Angela Cheung Endocrinologist, Director of Osteoporosis Program, Mt. Sinai Hospital; Chair, Osteoporosis Canada's Scientific Advisory Council.
 "Osteoporosis in 2014"
- Health Care Panel "How Do I Speak With You?"

The panel will feature 4 different health care professionals. They will offer ways to make the most of your time while you are with them. They will also answer all of your questions!

Meet the Experts:

- o Dr. Angela Cheung Endocrinologist
- o Dr. Peter Stevenson Orthopaedic Surgeon
- o Dr. Mehan Family Physician
- o Jennifer Shamblaw Registered Dietician
- Nancy Becker Hallford Program Lead/Mentor, Self-Management

"Communication 101 - Boot Camp for Patients!"

 Sheila Brien – Canadian Osteoporosis Patient Network "Living Well With Osteoporosis – A Personal Story..."

Update on New Exercise Recommendations & Bone Fit Professionals

Local programs and services on display AND a height measurement clinic!